


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Set your clocks back! 1</p> <p>9:30 ★ Price is Right Game [R]</p> <p>11:00 ★ Journaling Prompt [R]</p> <p>2:30 ★ Church Service Stream [E]</p> <p>4:00 ♥ Afternoon Yoga Stretches [R]</p>	<p>2</p> <p>10:30 ♥ Exercise Video [E]</p> <p>11:30 🚩 Sudoku puzzles [R]</p> <p>2:30 🚩 Word Search [R]</p> <p>4:30 🚩 Maze [R]</p> <p>6:00 🦋 Yahtzee [AR]</p>	<p>3</p> <p>Scenic Drive</p> <p>10:00 🚩 Group Exercise [R]</p> <p>2:30 🦋 "I Voted" Ice Cream Social [AR]</p> <p>4:00 📷 Picture Find [R]</p> <p>4:30 🚩 Spot the Differences [R]</p>	<p>4</p> <p>9:15 ★ Catholic Communion [OUT]</p> <p>10:00 ♥ Group Exercise [E]</p> <p>11:00 📷 Virtual Tour of the Louvre [E]</p> <p>2:30 🦋 Bingo [AR]</p> <p>4:00 ★ Coloring Pages [AR]</p>	<p>5</p> <p>10:00 ♥ Group Exercise [E]</p> <p>11:00 ★ Thanksgiving Card Craft for First Responders [AR]</p> <p>2:30 🦋 Yahtzee [R]</p> <p>4:00 ★ Timeless Trivia [AR]</p> <p>6:00 ♥ Did you know? [R]</p>	<p>6</p> <p>10:00 ♥ Group Exercise [E]</p> <p>2:30 🚩 Hacky Sack Baseball [E]</p> <p>4:00 🦋 Happy Hour [DR]</p> <p>6:30 🦋 Movie Night [E]</p>	<p>7</p> <p>9:00 🦋 Getting to know Me [R]</p> <p>10:30 🦋 Doughnut Drive Through [AR]</p> <p>11:00 🧑‍🤝‍🧑 What are we Grateful for? Project [AR]</p> <p>2:30 🦋 Bingo [AR]</p> <p>5:30 🚩 Hidden Objects [R]</p>	
<p>8</p> <p>9:30 ★ Price is Right Game [R]</p> <p>11:00 ★ Journaling Prompt [R]</p> <p>2:30 ★ Church Service Stream [E]</p> <p>4:00 ♥ Afternoon Yoga Stretches [R]</p>	<p>9</p> <p>10:30 ♥ Exercise Video [E]</p> <p>11:30 🚩 Sudoku puzzles [R]</p> <p>2:30 🚩 Word Search [R]</p> <p>4:30 🚩 Maze [R]</p> <p>6:00 🦋 Yahtzee [AR]</p>	<p>10</p> <p>Scenic Drive</p> <p>10:00 🚩 Group Exercise [R]</p> <p>2:30 🦋 Root Beer Floats [AR]</p> <p>4:00 📷 Picture Find [R]</p> <p>4:30 🚩 Spot the Differences [R]</p>	<p>11</p> <p>10:00 ♥ Group Exercise [E]</p> <p>11:00 📷 Virtual Tour of the White House [E]</p> <p>12:30 ★ Veteran's Luncheon [DR]</p> <p>2:30 ★ Veteran's Wall and Book Reveal [LOB]</p> <p>4:00 ★ Coloring Pages [AR]</p>	<p>12</p> <p>10:00 ♥ Group Exercise [E]</p> <p>11:00 📷 Ted Talk: Why do we Sleep? [E]</p> <p>2:30 🦋 Yahtzee [R]</p> <p>4:00 ★ Timeless Trivia [AR]</p> <p>6:00 ♥ Did you know? [R]</p>	<p>13</p> <p>10:00 ♥ Group Exercise [E]</p> <p>2:30 🚩 Hacky Sack Baseball [E]</p> <p>4:00 🦋 Happy Hour and Tattoo Parlor [DR]</p> <p>6:30 🦋 Movie Night [E]</p>	<p>14</p> <p>9:00 🦋 Getting to know Me [R]</p> <p>10:30 🦋 Doughnut Drive Through [AR]</p> <p>2:30 🦋 Bingo [AR]</p> <p>5:30 🚩 Hidden Objects [R]</p>	
<p>15</p> <p>9:30 ★ Price is Right Game [R]</p> <p>11:00 ★ Journaling Prompt [R]</p> <p>2:30 ★ Church Service Stream [E]</p> <p>4:00 ♥ Afternoon Yoga Stretches [R]</p>	<p>16</p> <p>10:30 ♥ Exercise Video [E]</p> <p>11:30 🚩 Sudoku puzzles [R]</p> <p>2:30 🚩 Word Search [R]</p> <p>4:30 🚩 Maze [R]</p> <p>6:00 🦋 Yahtzee [AR]</p>	<p>17</p> <p>Scenic Drive</p> <p>10:00 🚩 Group Exercise [R]</p> <p>2:30 🦋 Ice Cream Social [AR]</p> <p>4:00 📷 Picture Find [R]</p> <p>4:30 🚩 Spot the Differences [R]</p>	<p>18</p> <p>9:15 ★ Catholic Communion [OUT]</p> <p>10:00 ♥ Group Exercise [E]</p> <p>11:00 📷 Virtual Tour San Diego Zoo [E]</p> <p>2:30 🦋 Bingo [AR]</p> <p>4:00 ★ Coloring Pages [AR]</p>	<p>19</p> <p>10:00 ♥ Group Exercise [E]</p> <p>11:00 📷 Ted Talk: My Stroke of Insight [E]</p> <p>2:30 🦋 Yahtzee [R]</p> <p>4:00 ★ Timeless Trivia [AR]</p> <p>6:00 ♥ Did you know? [R]</p>	<p>20</p> <p>10:00 ♥ Group Exercise [E]</p> <p>2:30 🚩 Hacky Sack Baseball [E]</p> <p>4:00 🦋 Happy Hour [DR]</p> <p>6:30 🦋 Movie Night [E]</p>	<p>21</p> <p>9:00 🦋 Getting to know Me [R]</p> <p>10:30 🦋 Doughnut Drive Through [AR]</p> <p>2:30 🦋 Bingo [AR]</p> <p>5:30 🚩 Hidden Objects [R]</p>	
<p>22</p> <p>9:30 ★ Price is Right Game [R]</p> <p>11:00 ★ Journaling Prompt [R]</p> <p>2:30 ★ Church Service Stream [E]</p> <p>4:00 ♥ Afternoon Yoga Stretches [R]</p>	<p>23</p> <p>10:30 ♥ Exercise Video [E]</p> <p>11:30 🚩 Sudoku puzzles [R]</p> <p>2:30 🚩 Word Search [R]</p> <p>4:30 🚩 Maze [R]</p> <p>6:00 🦋 Yahtzee [AR]</p>	<p>24</p> <p>Scenic Drive</p> <p>10:00 🚩 Group Exercise [R]</p> <p>2:30 🦋 Root Beer Floats [AR]</p> <p>4:00 📷 Picture Find [R]</p> <p>4:30 🚩 Spot the Differences [R]</p>	<p>25</p> <p>9:15 ★ Catholic Communion [OUT]</p> <p>10:00 ♥ Group Exercise [E]</p> <p>11:00 📷 Virtual Tour of Seattle Aquarium [E]</p> <p>2:30 🦋 Bingo [AR]</p> <p>4:00 ★ Coloring Pages [AR]</p>	<p>26</p> <p>10:00 ♥ Group Exercise [E]</p> <p>11:00 📷 Ted Talk: Want to be Happy? Be grateful! [E]</p> <p>12:30 🦋 Thanksgiving Luncheon [DR]</p> <p>2:30 🦋 Yahtzee [R]</p> <p>4:00 ★ Timeless Trivia [AR]</p> <p>6:00 ♥ Did you know? [R]</p>	<p>27</p> <p>10:00 ♥ Group Exercise [E]</p> <p>2:30 🚩 Hacky Sack Baseball [E]</p> <p>4:00 🦋 Happy Hour [DR]</p> <p>6:30 🦋 Movie Night [E]</p>	<p>28</p> <p>9:00 🦋 Getting to know Me [R]</p> <p>10:30 🦋 Doughnut Drive Through [AR]</p> <p>2:30 🦋 Bingo [AR]</p> <p>5:30 🚩 Hidden Objects [R]</p>	
<p>29</p> <p>9:30 ★ Price is Right Game [R]</p> <p>11:00 ★ Journaling Prompt [R]</p> <p>2:30 ★ Church Service Stream [E]</p> <p>4:00 ♥ Afternoon Yoga Stretches [R]</p>	<p>30</p> <p>10:30 ♥ Exercise Video [E]</p> <p>11:30 🚩 Sudoku puzzles [R]</p> <p>2:30 🚩 Word Search [R]</p> <p>4:30 🚩 Maze [R]</p> <p>6:00 🦋 Yahtzee [AR]</p>	<p></p> <p>SOLSTICE SENIOR LIVING AT MESA VIEW</p>				<p>Location Keys</p> <p>Activities Delivered to You R</p> <p>Activity Room AR</p> <p>Dining Room DR</p> <p>Exercise Room E</p> <p>Lobby LOB</p> <p>Outside OUT</p>	
<p>601 Horizon Place Grand Junction, CO 81506 970-241-0772</p>							
<p>📷 Be Adventurous</p> <p>🚩 Be Challenged</p> <p>🧑‍🤝‍🧑 Be Family</p> <p>★ Be Inspired</p> <p>🦋 Be Social</p> <p>♥ Be Well</p>							