


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>601 Horizon Place Grand Junction, CO 81506 970-241-0772</p>		<p>Location Keys</p> <ul style="list-style-type: none"> AR CH/L DR E LOB MS BUS OUT T 	<p>Bus Transportation for Shopping</p> <p>New Year's Day</p> <ul style="list-style-type: none"> 9:20 ★ Catholic Communion [CH/L] 9:30 ♥ Exercise: Strengthening [E] 12:30 ♡ Friendship Lunch [DR] 1:30 ♡ Mesa Store [MS] 2:00 ♡ Community Meeting and Path to Wellness Awards [LOB] 2:30 ♥ Bridge Club [AR] 4:30 ♥ Current Events Club [AR] 6:30 ★ Bluegrass Jam [AR] 	<p>Bus Transportation for Medical Appointments</p> <ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 10:30 ♡ Resident Council Board Meeting [E] 10:30 ♥ Rummikub [AR] 12:30 ★ Comfy Clothes Day [DR] 2:00 ♥ Essential Oils: Sleep [AR] 3:00 ♡ Pinochle [T] 4:30 ♡ Crossword Puzzles [E] 6:30 ♡ Bingo [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Cardio [E] 10:45 ★ New Year's Resolution Craft [AR] 12:30 ♥ Dining Room Trivia [DR] 2:00 ♡ Bean Bag Baseball with Caprock Kids [E] 4:00 ★ Happy Hour with Twirp [AR] 4:30 ♡ Sudoku Puzzles [AR] 6:30 ♡ Bunco [E] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Walking Club [E] 10:00 ♥ Scrabble [AR] 10:30 ♡ Coffee & Doughnuts [AR] 12:30 ♡ Name Tag & Great Call Alerts [DR] 2:30 ♡ Mexican Train Dominoes [AR] 4:30 ♡ Phase 10 [AR] 6:30 ♡ Rummikub [AR]
<ul style="list-style-type: none"> 10:00 ♥ Walking Club [OUT] 5 12:00 📷 Who, What, When, Where [AR] 2:00 ♡ Puzzle Time [AR] 3:00 ♡ Ice Cream Social [AR] 4:00 ★ Nondenominational Church Service [CH/L] 6:30 ♡ Oh No! Card Game [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 6 10:30 ♡ Yahtzee [AR] 12:00 📷 Picture Find [AR] 2:00 ♡ Executive Director Chat with Jacke [AR] 2:00 ♡ Puzzle Time [AR] 2:30 ♡ Pokeno [AR] 3:00 ♥ Pinochle [T] 4:30 ♡ Aggravation Game [AR] 6:30 ♡ Bingo [AR] 	<ul style="list-style-type: none"> 8:30 📷 Breakfast at My Favorite Muffin [BUS] 7 9:30 ♥ Exercise: Sit and Be Fit [E] 10:00 ★ Knitting & Crocheting for the VA and St. Mary's [AR] 12:00 ♡ Word Searches [AR] 2:00 ♡ Mountain Man Candy [LOB] 3:00 ♡ Mexican Train Dominoes [AR] 4:30 ★ Creative Coloring [AR] 6:30 ♥ Oh No! Card Game [AR] 	<p>Bus Transportation for Shopping</p> <ul style="list-style-type: none"> 9:20 ★ Catholic Communion [CH/L] 9:30 ♥ Exercise: Stretching with Matt [E] 12:30 ♡ Friendship Lunch [DR] 1:30 ♡ Mesa Store [MS] 2:00 ♥ Kindred Vital Checks [AR] 4:30 ♥ Current Events Club [AR] 6:30 ♡ Skip-Bo [AR] 	<p>Bus Transportation for Medical Appointments</p> <ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 10:30 ♥ Rummikub [AR] 12:30 ★ Hat Day [DR] 2:00 ♥ Essential Oils Lesson with Hope: Creativity [AR] 3:00 ♡ Pinochle [T] 4:30 ♡ Crossword Puzzles [E] 6:30 ♡ Bingo [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Cardio [E] 10 10:30 ★ Craft Stick Snowmen [AR] 12:30 ♥ Dining Room Trivia [DR] 2:00 ♡ Bean Bag Baseball with Caprock Kids [E] 3:00 ♡ Food for Thought with Chef Travis [AR] 4:00 ★ Happy Hour [AR] 4:30 ♡ Sudoku Puzzles [AR] 6:30 ♡ Movie Night: Eat, Pray, Love [E] 6:30 ♡ Oh No! Card Game [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Walking Club [E] 11 10:00 ♥ Scrabble [AR] 10:30 ♡ Coffee & Doughnuts [AR] 12:30 ♡ Name Tag & Great Call Alerts [DR] 2:00 ♡ Activities Chat with Hope [AR] 2:30 ♡ Mexican Train Dominoes [AR] 4:30 ♡ Phase 10 [AR] 6:30 ♡ Rummikub [AR]
<ul style="list-style-type: none"> 9:00 ♥ Foot C's [CH/L] 12 10:00 ♥ Walking Club [OUT] 12:00 📷 Who, What, When, Where [AR] 2:30 ♡ Card Game [AR] 3:00 ♡ Root Beer Floats [AR] 4:00 ★ Nondenominational Church Service [CH/L] 6:30 ♡ Oh No! Card Game [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 13 10:30 ♡ Yahtzee [AR] 12:00 📷 Picture Find [AR] 2:30 ♡ Pokeno [AR] 3:00 ♥ Pinochle [T] 4:30 ♡ Aggravation Game [AR] 6:30 ♡ Bingo [AR] 	<p>Trip to the Movies</p> <ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 14 10:00 ★ Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 ♡ Kings in the Corner [AR] 12:00 ♡ Word Searches [AR] 1:30 ♥ AAA Hearing (2nd Tuesday of the Month) [AR] 2:00 ★ Creative Coloring [AR] 3:00 ♡ Mexican Train Dominoes [AR] 6:30 ♥ Oh No! Card Game [AR] 	<p>Bus Transportation for Shopping</p> <ul style="list-style-type: none"> 9:20 ★ Catholic Communion [CH/L] 15 9:30 ♥ Exercise: Strengthening [E] 10:00 ♡ Resident Council Meeting [AR] 12:30 ♡ Friendship Lunch [DR] 1:30 ♡ Mesa Store [MS] 2:00 ♡ This is Your Life: Ruth Troutner [LOB] 2:30 ♥ Bridge Club [AR] 4:30 ♥ Current Events Club [AR] 6:30 ♡ Skip-Bo [AR] 	<p>Bus Transportation for Medical Appointments</p> <ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 16 10:30 ♡ Ambassador Meeting [E] 10:30 ♥ Rummikub [AR] 12:30 ★ Dress In Jeans Day [DR] 2:00 ♥ Essential Oils: Muscle Aches [AR] 3:00 ♡ Pinochle [T] 4:30 ♡ Crossword Puzzles [E] 6:30 ♡ Bingo [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Cardio [E] 17 10:45 ★ Snow Slime [AR] 12:30 ♥ Dining Room Trivia [DR] 2:00 ♡ Bean Bag Baseball with Caprock Kids [E] 4:00 ★ Happy Hour [AR] 4:30 ♡ Sudoku Puzzles [AR] 6:30 ♡ Movie Night: To all the Boys I Loved Before [E] 6:30 ♡ Oh No! Card Game [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Walking Club [E] 18 10:00 ♥ Scrabble [AR] 10:30 ♡ Coffee & Doughnuts [AR] 12:30 ♡ Name Tag & Great Call Alerts [DR] 2:30 ♡ Mexican Train Dominoes [AR] 4:30 ♡ Phase 10 [AR] 6:30 ♡ Rummikub [AR]
<ul style="list-style-type: none"> 10:00 ♥ Walking Club [OUT] 19 12:00 📷 Who, What, When, Where [AR] 2:00 ♡ Puzzle Time [AR] 3:00 ♡ Ice Cream Social [AR] 4:00 ★ Nondenominational Church Service [CH/L] 6:30 ♡ Oh No! Card Game [AR] 	<p>Martin Luther King, Jr. Day</p> <ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 20 10:30 ♡ Yahtzee [AR] 12:00 📷 Picture Find [AR] 2:30 ♡ Pokeno [AR] 3:00 ♥ Pinochle [T] 4:30 ♡ Aggravation Game [AR] 6:30 ♡ Bingo [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 21 10:00 ★ Knitting & Crocheting for the VA and St. Mary's [AR] 12:00 📷 Lunch at Olive Garden [BUS] 12:00 ♡ Word Searches [AR] 2:00 ★ Creative Coloring [AR] 2:00 ♡ Mountain Man Candy [LOB] 3:00 ♡ Mexican Train Dominoes [AR] 6:30 ♥ Oh No! Card Game [AR] 	<p>Bus Transportation for Shopping</p> <ul style="list-style-type: none"> 9:20 ★ Catholic Communion [CH/L] 22 9:30 ♥ Exercise: Strengthening [E] 12:30 ♡ Friendship Lunch [DR] 1:30 ♡ Mesa Store [MS] 2:00 ♡ Kindred Vital Checks/AR [AR] 2:30 ♥ Bridge Club [AR] 4:30 ♥ Current Events Club [AR] 6:30 ♡ Skip-Bo [AR] 	<p>Bus Transportation for Medical Appointments</p> <ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 23 10:30 ♥ Rummikub [AR] 12:30 ★ Dress In Silly Socks Day [DR] 2:00 ♥ Essential Oils: Digestion [AR] 3:00 ♡ Pinochle [T] 4:30 ♡ Crossword Puzzles [E] 6:30 ♡ Bingo [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Cardio [E] 24 10:45 ★ Snowflake cutting [AR] 12:30 ♥ Dining Room Trivia [DR] 2:00 ♡ Bean Bag Baseball with Caprock Kids [E] 4:00 ★ Happy Hour with Hugh [AR] 4:30 ♡ Sudoku Puzzles [AR] 6:30 ♡ Movie Night: An Interview with God [E] 6:30 ♡ Oh No! Card Game [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Walking Club [E] 25 10:00 ♥ Scrabble [AR] 10:30 ♡ Coffee & Doughnuts [AR] 12:30 ♡ Chinese New Year Luncheon [DR] 12:30 ♡ Name Tag & Great Call Alerts [DR] 2:00 ♡ Chinese New Year Lesson [AR] 2:30 ♡ Mexican Train Dominoes [AR] 4:30 ♡ Phase 10 [AR] 6:30 ♡ Rummikub [AR]
<ul style="list-style-type: none"> 10:00 ♥ Walking Club [OUT] 26 12:00 📷 Who, What, When, Where [AR] 2:00 ♡ Puzzle Time [AR] 3:00 ♡ Root Beer Floats [AR] 4:00 ★ Nondenominational Church Service [CH/L] 6:30 ♡ Oh No! Card Game [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 27 10:30 ♡ Yahtzee [AR] 12:00 📷 Picture Find [AR] 2:30 ♡ Pokeno [AR] 3:00 ♥ Pinochle [T] 4:30 ♡ Aggravation Game [AR] 6:30 ♡ Bingo [AR] 	<p>Trip to the Movies</p> <ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 28 10:00 ★ Knitting & Crocheting for the VA and St. Mary's [AR] 12:00 ♡ Word Searches [AR] 2:00 ★ Creative Coloring [AR] 2:30 ♥ Grand Mesa Medical Walker Checks (4th Tuesday of the Month) [AR] 3:00 ♡ Mexican Train Dominoes [AR] 6:30 ♥ Oh No! Card Game [AR] 	<p>Bus Transportation for Shopping</p> <ul style="list-style-type: none"> 9:20 ★ Catholic Communion [CH/L] 29 9:30 ♥ Exercise: Strengthening [E] 12:30 ♡ Friendship Lunch [DR] 1:30 ♡ Mesa Store [MS] 2:30 ♥ Bridge Club [AR] 4:30 ♥ Current Events Club [AR] 6:30 ♡ Skip-Bo [AR] 	<p>Bus Transportation for Medical Appointments</p> <ul style="list-style-type: none"> 9:30 ♥ Exercise: Sit and Be Fit [E] 30 10:30 ♥ Rummikub [AR] 12:30 ★ Dress In Blue Day [DR] 2:00 ♥ Essential Oils: Energy [AR] 3:00 ♡ Pinochle [T] 4:30 ♡ Crossword Puzzles [E] 6:30 ♡ Bingo [AR] 	<ul style="list-style-type: none"> 9:30 ♥ Exercise: Cardio [E] 31 10:45 ★ Jewelry Making [AR] 12:30 ♥ Dining Room Trivia [DR] 12:30 ♡ Gold Key Club Luncheon [DR] 2:00 ♡ Bean Bag Baseball with Caprock Kids [E] 4:00 ★ Happy Hour and Tea Party [AR] 4:30 ♡ Sudoku Puzzles [AR] 6:30 ♡ Movie Night: Across the Universe [E] 6:30 ♡ Oh No! Card Game [AR] 	<ul style="list-style-type: none"> 📷 Be Adventurous 🚩 Be Challenged 🗨️ Be Connected 👨👩👧👦 Be Family ★ Be Inspired 🦋 Be Social ♥ Be Well