


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>601 Horizon Place Grand Junction, CO 81506 970-241-0772</p>		Location Keys Activity Room Chapel/Library Dining Room Exercise Room Lobby Mesa Store Outing Outside Third Floor		Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well		9:30 ♥ Exercise: Walking Club [E] 10:00 ♥ Scrabble [AR] 10:30 ♡ Coffee & Doughnuts [AR] 12:30 ♡ Name Tag & Great Call Alerts [DR] 2:30 ♡ Mexican Train Dominoes [AR] 4:30 ♡ Phase 10 [AR] 6:30 ♡ Rummikub [AR]
Groundhog Day 2 10:00 ♥ Walking Club [OUT] 12:00 📷 Who, What, When, Where [AR] 2:00 🏠 Puzzle Time [AR] 3:00 ♡ Ice Cream Social [AR] 4:00 ★ Nondenominational Church Service [CH/L] 4:00 ♡ Superbowl Party [E] 6:30 ♡ Oh No! Card Game [AR]	9:30 ♥ Exercise: Sit and Be Fit [E] 3 10:30 ♥ Skin Care Pampering with Mary Kay [AR] 10:30 ♡ Yahtzee [AR] 12:00 📷 Picture Find [AR] 2:30 🏠 Pokeno [AR] 3:00 ♥ Pinochle [T] 4:30 🏠 Aggravation Game [AR] 6:30 ♡ Bingo [AR]	9:30 ♥ Exercise: Sit and Be Fit [E] 4 10:00 ★ Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 ♡ Kings In the Corner [AR] 12:00 ♡ Word Searches [AR] 12:30 📷 Lunch at Edgewater [BUS] 2:00 ♥ Essential Oils with Hope [CH/L] 2:00 ♡ Mountain Man Candy [LOB] 3:00 ♡ Mexican Train Dominoes [AR] 4:30 ★ Creative Coloring [AR] 6:30 ♥ Oh No! Card Game [AR]	Bus Transportation for Shopping 5 9:20 ★ Catholic Communion [CH/L] 9:30 ♥ Exercise: Stretching with Matt [E] 12:30 ♡ Friendship Lunch [DR] 1:30 ♡ Mesa Store [MS] 2:00 ♡ Community Meeting and Path to Wellness Awards [LOB] 2:30 ♥ Bridge Club [AR] 4:30 ♥ Current Events Club [AR] 6:00 ★ Bluegrass Jam [LOB] 6:30 ♡ Skip-Bo [AR]	Bus Transportation for Medical Appointments 6 9:30 ♥ Exercise: Sit and Be Fit [E] 10:30 ♡ Ambassador Meeting [E] 10:30 ♥ Rummikub [AR] 12:30 ★ Western Wear Day [DR] 2:00 🏠 Bowling [LOB] 3:00 🏠 Pinochle [T] 4:30 🏠 Crossword Puzzles [E] 6:30 ♡ Bingo [AR]	9:30 ♥ Exercise: Cardio [E] 7 10:00 ★ Solstice Leftover Singers [CH/L] 10:45 ★ Making Valentine's [AR] 12:30 ♥ Dining Room Trivia [DR] 2:00 🏠 Bean Bag Baseball with Caprock Kids [E] 4:00 ★ Happy Hour with Twirp [AR] 4:30 🏠 Sudoku Puzzles [AR] 6:30 ♡ Bunco [AR]	9:30 ♥ Exercise: Walking Club [E] 8 10:00 ♥ Scrabble [AR] 10:30 ♡ Coffee & Doughnuts [AR] 12:30 ♡ Name Tag & Great Call Alerts [DR] 2:30 🏠 Mexican Train Dominoes [AR] 4:30 ♡ Phase 10 [AR] 6:30 ♡ Rummikub [AR]
10:00 ♥ Walking Club [OUT] 9 12:00 📷 Who, What, When, Where [AR] 2:00 🏠 Puzzle Time [AR] 3:00 ♡ Root Beer Floats [AR] 4:00 ★ Nondenominational Church Service [CH/L] 4:30 ♡ Card Game of Choice [AR] 6:30 ♡ Oh No! Card Game [AR]	9:00 ♥ Foot C's [CH/L] 10 9:30 ♥ Exercise: Sit and Be Fit [E] 10:30 ♡ Yahtzee [AR] 12:00 📷 Picture Find [AR] 2:30 🏠 Pokeno [AR] 3:00 ♥ Pinochle [T] 4:30 🏠 Aggravation Game [AR] 6:30 ♡ Bingo [AR]	Trip to the Movies 11 9:30 ♥ Exercise: Sit and Be Fit [E] 10:00 ★ Knitting & Crocheting for the VA and St. Mary's [AR] 12:00 ♡ Word Searches [AR] 1:30 ♥ AAA Hearing [AR] 3:00 ♡ Mexican Train Dominoes [AR] 4:30 ★ Creative Coloring [AR] 6:30 ♥ Oh No! Card Game [AR]	Bus Transportation for Shopping 12 9:20 ★ Catholic Communion [CH/L] 9:30 ♥ Exercise: Strengthening [E] 10:00 ♡ Board Meeting [CH/L] 12:30 ♡ Friendship Lunch [DR] 1:30 ♡ Mesa Store [MS] 2:00 ♥ Kindred Vital Checks [AR] 2:30 ♥ Bridge Club [AR] 4:30 ♥ Current Events Club [AR] 6:30 ♡ Skip-Bo [AR]	Bus Transportation for Medical Appointments 13 9:30 ♥ Exercise: Sit and Be Fit [E] 10:30 ♥ Rummikub [AR] 12:30 ♡ Ambassador Appreciation Lunch [DR] 12:30 ★ Dress In Bright Colors Day [DR] 2:00 🏠 Balloon Volleyball [LOB] 3:00 ♥ Pinochle [T] 4:30 🏠 Crossword Puzzles [E] 6:30 ♡ Bingo [AR]	Valentine's Day 14 9:30 ♥ Exercise: Cardio [E] 10:00 ★ Solstice Leftover Players [CH/L] 10:45 ★ Jewelry Making [AR] 12:30 ♥ Dining Room Trivia [DR] 12:30 ♡ Lady and the Tramp Lunch [DR] 2:00 🏠 Bean Bag Baseball with Caprock Kids [E] 3:30 ♡ Sweetheart's Social [LOB] 4:00 ★ Happy Hour With Tony Zain [AR] 4:30 🏠 Sudoku Puzzles [AR] 6:30 ♡ Movie Night: Yours, Mine, and Ours [E] 6:30 ♡ Oh No! Card Game [AR]	9:30 ♥ Exercise: Walking Club [E] 15 10:00 ♥ Scrabble [AR] 10:30 ♡ Coffee & Doughnuts [AR] 12:30 ♡ Name Tag & Great Call Alerts [DR] 2:00 ★ How can you Live the Dream? [AR] 2:30 🏠 Mexican Train Dominoes [AR] 4:30 ♡ Phase 10 [AR] 6:30 ♡ Rummikub [AR]
10:00 ♥ Walking Club [OUT] 16 12:00 📷 Who, What, When, Where [AR] 2:00 🏠 Puzzle Time [AR] 3:00 ♡ Ice Cream Social [AR] 4:00 ★ Nondenominational Church Service [CH/L] 4:30 ♡ Card Game of Choice [AR] 6:30 ♡ Oh No! Card Game [AR]	Caring Transitions Presidents' Day 17 9:30 ♥ Exercise: Sit and Be Fit [E] 10:30 ♡ Yahtzee [AR] 12:00 📷 Picture Find [AR] 2:30 🏠 Pokeno [AR] 3:00 ♥ Pinochle [T] 4:30 🏠 Aggravation Game [AR] 6:30 ♡ Bingo [AR]	8:15 📷 Breakfast at Berna B's [BUS] 18 9:30 ♥ Exercise: Sit and Be Fit [E] 10:00 ★ Knitting & Crocheting for the VA and St. Mary's [AR] 12:00 ♡ Word Searches [AR] 2:00 ♥ Essential Oils with Hope [CH/L] 2:00 ♡ Mountain Man Candy [LOB] 3:00 ♡ Mexican Train Dominoes [AR] 4:30 ★ Creative Coloring [AR] 6:30 ♥ Oh No! Card Game [AR]	Bus Transportation for Shopping 19 9:20 ★ Catholic Communion [CH/L] 9:30 ♥ Exercise: Strengthening [E] 10:00 ♡ Resident Council Meeting [AR] 12:30 ♡ Ambassadors/New Residents Luncheon [DR] 12:30 ♡ Friendship Lunch [DR] 1:30 ♡ Mesa Store [MS] 2:30 ♥ Bridge Club [AR] 4:30 ♥ Current Events Club [AR] 6:30 ♡ Skip-Bo [AR]	Bus Transportation for Medical Appointments 20 9:30 ♥ Exercise: Sit and Be Fit [E] 10:30 ♡ Ambassador Meeting [E] 10:30 ♥ Rummikub [AR] 12:30 ★ Comfy Day [DR] 12:30 ♡ Gold Key Appreciation [DR] 3:00 🏠 Pinochle [T] 3:00 ♡ Sweet Treat Social with Abode [AR] 4:30 🏠 Crossword Puzzles [E] 6:30 ♡ Bingo [AR]	9:30 ♥ Exercise: Cardio [E] 21 10:00 ★ Solstice Leftover Players [CH/L] 10:45 ★ Nail Painting [AR] 12:30 ♥ Dining Room Trivia [DR] 2:00 🏠 Bean Bag Baseball with Caprock Kids [E] 2:00 ♡ Food for Thought with Chef Travis [AR] 4:00 ★ Happy Hour with Sarah [AR] 6:30 ♡ Movie Night: The Karate Kid [E] 6:30 ♡ Oh No! Card Game [AR]	9:30 ♥ Exercise: Walking Club [E] 22 10:00 ♥ Scrabble [AR] 10:30 ♡ Coffee & Doughnuts [AR] 12:30 ♡ Name Tag & Great Call Alerts [DR] 1:30 ♡ Activities Chat with Hope [AR] 2:30 🏠 Mexican Train Dominoes [AR] 4:30 ♡ Phase 10 [AR] 6:30 ♡ Rummikub [AR]
10:00 ♥ Walking Club [OUT] 23 12:00 📷 Who, What, When, Where [AR] 2:00 🏠 Puzzle Time [AR] 3:00 ♡ Root Beer Floats [AR] 4:00 ★ Nondenominational Church Service [CH/L] 4:30 ♡ Card Game of Choice [AR] 6:30 ♡ Oh No! Card Game [AR]	9:30 ♥ Exercise: Sit and Be Fit [E] 24 10:30 ♡ Yahtzee [AR] 12:00 📷 Picture Find [AR] 2:30 🏠 Pokeno [AR] 3:00 ♥ Pinochle [T] 4:30 🏠 Aggravation Game [AR] 6:30 ♡ Bingo [AR]	9:30 ♥ Exercise: Sit and Be Fit [E] 25 10:00 ★ Knitting & Crocheting for the VA and St. Mary's [AR] 12:00 ♡ Word Searches [AR] 12:30 ♡ Mardi Gras Lunch [DR] 2:00 ♥ Essential Oils with Hope [CH/L] 2:30 ♡ Grand Mesa Medical Walker and Wheelchair Repair [AR] 3:00 ♡ Mexican Train Dominoes [AR] 4:30 ★ Creative Coloring [AR] 6:30 ♥ Oh No! Card Game [AR]	Bus Transportation for Shopping 26 9:20 ★ Catholic Communion [CH/L] 9:30 ♥ Exercise: Strengthening [E] 12:30 ♡ Friendship Lunch [DR] 1:30 ♡ Mesa Store [MS] 2:00 ♥ Kindred Vital Checks [AR] 2:30 ♥ Bridge Club [AR] 4:30 ♥ Current Events Club [AR] 6:30 ♡ Skip-Bo [AR]	Bus Transportation for Medical Appointments 27 9:30 ♥ Exercise: Sit and Be Fit [E] 10:30 ♥ Rummikub [AR] 12:30 ★ Inside Out Day [DR] 2:00 📷 This is Your Life: Ludene's Quilt Show [LOB] 3:00 🏠 Pinochle [T] 4:30 🏠 Crossword Puzzles [E] 6:30 ♡ Bingo [AR]	9:30 ♥ Exercise: Cardio [E] 28 10:00 ★ Solstice Leftover Players [CH/L] 10:45 ★ Arts and Crafts [AR] 12:30 ♥ Dining Room Trivia [DR] 2:00 🏠 Bean Bag Baseball with Caprock Kids [E] 4:00 ★ Happy Hour with Hugh [AR] 4:30 🏠 Sudoku Puzzles [AR] 6:30 ♡ Movie Night: Stuart Little [E] 6:30 ♡ Oh No! Card Game [AR]	9:30 ♥ Exercise: Walking Club [E] 29 10:00 ♥ Scrabble [AR] 10:30 ♡ Coffee & Doughnuts [AR] 12:30 ♡ Name Tag & Great Call Alerts [DR] 2:30 🏠 Mexican Train Dominoes [AR] 4:30 ♡ Phase 10 [AR] 6:30 ♡ Rummikub [AR]